

## ACTIVITIES

Each camper will experience a range of activities that will work with multiple learning styles. The activities for camps held on the Camp Mack site include but are not limited to:

- Vespers
- Cabin Devotions
- Hikes
- Cookouts
- Crafts
- Challenge Course
- Swimming
- Canoeing\*
- Sailing\*
- Morning Watch
- Bible Study
- Nature Study
- Campfires
- Service Project
- Morning Dip
- Boating
- Kayaking\*
- Climbing Tower\*

\* These events are limited to certain camps as part of our progression of activities. There is a separate list of activities for camps that go off site. These camps will require special permission slips and releases that will be included with the lists of activities.

## PROGRAM OUTCOMES

Campers will be exposed to a variety of experiences aiding them as they continue their journey in life. The following outcomes are **guidelines used by program leadership** in developing and implementing activities for children and youth.

### Faith Outcome:

**Campers grow in their understanding of God and the Christian faith while developing a joyful and disciplined practice of prayer, study, and worship.**

- Each camper will have the opportunity to participate in prayer, worship, meditation, devotions, and Bible study with the goal of increased knowledge of God's word and to grow in and experience acceptance of God, others, and self.
- Each camper will be provided opportunities to further his/her understanding of God through activities that are focused in a variety of learning styles.
- Each camper will be exposed to Christian values and faith issues through the content of the program and through modeling of those values by the camp leadership.



### Adventure/Exploration Outcome:

**Campers explore new ideas and challenges with confidence.**

- Each camper will be offered the opportunity to experience programs that provide personal challenge while being supported by a community of encouraging leaders.
- Each camper will be invited to participate in leadership roles while being affirmed by supportive leaders.

### Service Outcome:

**Campers recognize responsible stewardship of God's gifts includes intentional service and giving.**

- Each camper will have the opportunity to participate in a service project and/or service offering.
- Each camper will experience leaders who live a life of servant leadership.



### Social Interaction Outcome:

**Campers develop positive and caring relationships with others, learning how to work and play together in mutually satisfying ways.**

- Each camper will have the opportunity to create, renew, and develop relationships with peers and leaders in a family and community setting.
- Each camper will have opportunities to experience and grow in understanding of sharing with others.
- Each camper will be treated with dignity and respect and will, in turn, be expected to treat others in the same manner.
- Each camper will have opportunities to develop friendships with other campers and staff while participating in a variety of fun and educational activities.

### Creation Outcome:

**Campers appreciate the bounty of creation and make positive decisions in caring for the environment.**

- Each camper will be exposed to the wonders of God's creation and ways to live in harmony with that creation.
- Each camper will experience environmental activities that can become part of a creation supporting lifestyle.

### Safety Outcome:

**Campers know they are safe at Camp Mack.**

- Each camper will be in a safe and healthy physical environment during his/her stay at camp.
- Each camper will experience an affirming and accepting community.

## WHAT TO BRING TO CAMP

Bible  
Postcards, envelopes, paper, and stamps  
Pens/pencils  
Water Bottle  
Flashlight, batteries  
Sleeping bag or blankets and sheets  
Pillow  
Clothing for cool or wet weather  
Two pairs of shoes, no flip-flops as daily foot wear  
Bathing suit \*  
Towels, washcloth & soap  
Toilet articles (toothbrush, toothpaste, etc)  
Insect repellent (preferably with DEET), sun block  
Money for offering project and camp store  
Water shoes (due to zebra mussels in lake)

\* We reserve the right to ask a camper to wear a shirt on top of a bathing suit if we feel the bathing suit is not appropriate.

The accompanying confirmation letter may also include additional items for your child's particular camp.

## WHAT TO LEAVE AT HOME

These items are not to be brought to camp and will be confiscated by staff unless permission to use throughout the week is granted by a Team Leader.

Clothing with suggestive or negative slogans or language  
Cell phones or pagers  
Digital Cameras  
Candy, snack foods, etc.  
Radios, CD players, IPODs, MP3 players, etc.  
Electronic games  
Squirt guns  
Knives, weapons or explosives

Any confiscated items will be returned to the camper prior to departure from camp.

## CLOTHING

As a faith-based summer camp, our faith leads us in our daily walk and decision making. Our faith also speaks to us of being in the world and not of the world. We understand this to apply to the clothing that we wear. We ask that clothing both for everyday use and for swimming be modest. Clothing that we would consider immodest includes low cut blouses and bathing suits, low ride shorts or jeans, or tight fitting shorts or pants, etc. We are aware that clothing styles in stores are dictated by the demands of the market that are less than faith oriented. We will ask a camper to change shirts if t-shirt graphics or slogans are deemed as unfit for a Christian camp.

## CELL PHONES/PAGERS

In a world driven by instant communication and concerns over safety we are aware of parents' wishes to be able to communicate with their children. We are also attempting to provide an experience where children can get away from those things that surround their lives, so that they

can slow down a little and spend time focusing on faith formation issues as well as on their camp community. We realize the wishes of parents and our goals may be in conflict with each other. But we do request that cell phones and pagers be left at home during camp.

## DIGITAL PHOTOGRAPHY

Digital photography is now available to almost everyone through cameras or video phones. The downside of this technology is that photos are no longer being developed by someone other than the photographer and therefore the moral and ethical framework of the subject of photographs has been eliminated. Photos are now being seen on the web without the permission of the subject. There are also images that are in extremely bad taste and invasive. Photos have been taken off the web and used in unacceptable ways. For these reasons we are asking that only cameras using film are to be brought to camp. Please leave all digital photo devices at home.

## CANDY/SNACK FOODS

It is always a temptation to bring candy and snacks to camp. We ask you to resist this temptation for several reasons. Candy and other snack foods act as magnets for insects and vermin such as mice and can lead to infestations in cabins. Candy and snacks also present health concerns for children who overeat or have an unbalanced diet. If you are concerned that your child will not get enough to eat, rest assured that we provide all campers with three healthy meals and an evening snack every day.



## FOOD ALLERGIES

Each year more campers come with a variety of food allergies. One of the most significant allergies is to peanuts. This allergy can sometimes be aggravated by peanut oils left on surfaces like door knobs. We are working deliberately to eliminate peanut butter, peanuts and peanut oils from our foods. Many snacks that campers might bring, however, contain peanut residues in various forms, even when peanuts or peanut oils are not listed ingredients. Please be sensitive to this serious issue.

**Camp Mack is attempting to be a peanut free area and we ask your assistance in maintaining that level of safety for our campers.**